

**Please Note:**

Douglas County Gym & Fitness Center's

**YOUTH/TEEN**

**Drop-In Release Form**

A Parent or Guardian **MUST** be present when submitting Youth/Teen Drop-In Release Form.



**Douglas County Community Center**

1329 Waterloo Lane  
Gardnerville, NV 89410  
775-782-5500 ext 1

**GYM & FITNESS CENTER**

**YOUTH DROP IN RELEASE FORM**

Complete BOTH sides

**CONTACT INFORMATION**

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_  
First Last

Physical Address: \_\_\_\_\_  
Number & Street City/State Zip

Mailing Address: \_\_\_\_\_  
Number & Street City/State Zip

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Medical Conditions, Refund Procedure, Agreement, Waiver and Release**

List any **Medical Conditions** that may require monitoring or special assistance

**Douglas County Gym & Fitness Center Use GUIDELINES & RULES**

- Appropriate and respectful behavior is required at all times within the facility.
  - No loitering, foul language, fighting, spitting, intimidation, discrimination, vandalism, or rough housing.
  - Dunking or hanging on basketball rims or nets is NOT allowed.
  - Do not bounce any balls off of the walls, windows or ceilings.
  - Use a spotter when appropriate and do not drop weights.
  - Take children of the opposite sex, who are over 5 years of age and require assistance, to the family restroom.
- Appropriate and respectful attire is required at all times within the facility.
  - Shirts, shorts/pants, and socks/shoes must be worn at all times.
  - Athletic shoes shall be worn in gymnasium during active play.
- Only water and sport drinks in plastic containers permitted in gymnasium and fitness area.
- Equipment checkout available to members and paid guests.
  - Lockers are for day use only; locks will be removed at the end of the day at the owner's expense.
  - Lost or broken equipment will be the responsibility of the pass holder/paid guest.
- Animals are not allowed in the facility with the exception of approved programs and service animals.
- Drug use is strictly prohibited and alcohol is not permitted without facility approved permits and documentation.
  - Use of tobacco products and illegal drugs is prohibited. Any person under the influence of drugs or alcohol will be asked to leave immediately.
- Violation of facility rules or any other form of misconduct will lead to ejection from the facility and possible revocation of Douglas County Community Center usage.
  - Additional rules posted within the facility or directed by staff will be enforced.

**SIGNATURE:** \_\_\_\_\_ **DATE** \_\_\_\_\_

**AGREEMENT, WAIVER AND RELEASE**

In consideration for being permitted by Douglas County to utilize the above facility, I hereby waive, release and discharge any and all claims for damages for personal injury, death or property damage which I may have, or which any hereafter occurs to me as a result of facility use. This release is intended to discharge in advance the County (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my facility use, even though that liability may arise of negligence or carelessness on the part of the person or entities mentioned above. It is understood that my use of facilities involves an element of risk and danger of accidents and knowing these risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assignees. I agree to indemnify and to hold the above person or entities free and harmless from any loss, liability, damage, cost or expense which they may incur as a result of my death or any injury or property damage that I may sustain while utilizing this facility. I agree to adhere to any and all facility use rules adopted by Douglas County.

**SIGNATURE:** \_\_\_\_\_ **DATE** \_\_\_\_\_

**\*PARENTAL CONSENT**

I hereby consent that my son/daughter \_\_\_\_\_, participate in the above activity, and I execute the above Agreement, Waiver and Release on his/her behalf. I state that the minor is physically able to participate in the activity. I hereby agree to indemnify and hold the persons and entities mentioned above free and harmless from any loss, liability, damage, cost or expense which they may incur as a result of the death or injury or property damage that the minor may sustain while participating in the activity.

I HAVE CAREFULLY READ THE AGREEMENT, WAIVER AND RELEASE SET FORTH ON THIS PAGE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE COUNTY AND I SIGN IT OF MY OWN FREE WILL.

**SIGNATURE:** \_\_\_\_\_ **DATE** \_\_\_\_\_

\*In case of emergency and no one can be reached at the above address and telephone, please notify:

Name \_\_\_\_\_ Phone \_\_\_\_\_

**CONSENT TO TREATMENT OF MINOR**

“In the event of sudden illness, accident, or injury which may occur while the minor is engaged in an activity supervised by Douglas County Parks & Recreation and their representatives, agents or assignees, when neither the parents, guardian or designated family physician can be contacted, I hereby give the consent for emergency treatment as shall be necessary under the circumstances by any physician licensed under the Laws of the State of Nevada.”

I UNDERSTAND THAT THE DOUGLAS COUNTY PARKS & RECREATION DEPARTMENT DOES NOT PROVIDE MEDICAL INSURANCE ON THIS ACTIVITY AND WILL ADHERE TO ALL OF ITS RULES AND POLICIES.

**SIGNATURE:** \_\_\_\_\_ **DATE** \_\_\_\_\_

Family Physician \_\_\_\_\_ Phone \_\_\_\_\_ Medical Insurance Carrier \_\_\_\_\_